

Irving Hospital District Neighborhood Association

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Dates to Know:

September 6: Labor Day

September 23: Neighborhood Meeting @ Irving Church of Christ

September 25: Main Street Event 11 am to 9 pm in the Heritage District

October 2: Fall Garage Sale

Registration Deadline Sept 29th.
(rain date 10/9)

October 5: National Night Out. Neighborhood Event at 6:00pm

October 14: Neighborhood Meeting @ Irving Church of Christ

November 18: Neighborhood Meeting @ Irving Church of Christ

December 4: IHDNA Holiday Celebration @ the Johnson's house.

This years Fall Garage Sale is scheduled for
Oct 2, with a rain date of Oct. 9
To sign up or for more info contact
Randy Faulkner



Please join us for a Hotdog Cook Out at Three Fountains Park on Tuesday, October 5th at 6:00pm to celebrate National Night Out in our Neighborhood. Hotdogs and the fixin's will be provided. (BYOC) Bring Your Own Chair!

Please bring a side dish or dessert!

What is National Night Out?

It's America's *Night Out* Against Crime!

This year is the "25th Annual National Night Out" (NNO), a unique crime/drug prevention event sponsored by the National Association of Town Watch. Last year's National Night Out campaign involved citizens, law enforcement agencies, civic groups, businesses, neighborhood organizations and local officials from over 10,000 communities from all 50 states, U.S. territories, Canadian cities and military bases worldwide. In all, over **35 million** people participated in National Night Out 2007!

National Night Out Is Designed To...

- Heighten crime and drug prevention awareness
- Generate support for, and participation in, local anticrime programs;
- Strengthen Neighborhood Spirit and police-community partnerships;
- Send a message to criminals letting them know neighborhoods are organized and FIGHTING BACK!

NNO has proven to be an effective, inexpensive and enjoyable program to promote neighborhood spirit and police-community partnerships in our fight for a safer nation. Plus, the benefits your community will derive from NNO will most certainly extend well beyond the one night.



Another Successful Block Party

The 2010 IHDNA Annual block party was held on Saturday May 8, 2010 from 4:00pm - 7:00pm. It was a beautiful afternoon, a little windy, but other than that a gorgeous day. The block party was kicked off with a 14 year from our very own neighborhood playing the bag-pipes! His name is Matthew, and he lives on Post Oak. He was truly amazing! The theme of this year's event was "All American - Good Old-Fashion Fun." Fun was had by all!! We had record breaking attendance this year with well over 200 of our neighbors and their families!


Jerry Bates arrived with his famous Bar-B-Que brisket, sausage and hot dogs! This was the first year *all* of the BBQ was gone by the end of our event. Only a handful of neighbors arrived with side dishes or desserts, so there wasn't much to go around, but we made the best of what we had! Jerry really out-did himself this year, the BBQ was superb and we really could not pull this event off without him!

We had a great band called Red Morning Light, who entertained us with a variety of music. This is the second year they have played at our block party. They were set up, as always, in Paul Wahlstrom's yard. Paul has the perfect yard for this type of set-up. A big thanks goes out to Paul for always allowing us to utilize his yard (and electricity!)


The kids had many, many activities to keep them busy! Googly Eyes owner, Karen Sweet Cheney came and assisted kids young and old from our neighborhood in making a star-spangled visor, she even reconnected with some of her old friends from our neighborhood! Doug Fox, Executive Director from the Irving YMCA came out with his staff and orchestrated several fun games for the kids. An officer from the Irving SWAT team came out with a HUGE Swat Vehicle that kids of ALL ages enjoyed all day! Additionally, we had visits from two different stations from Irving's fire department, and our beat officers from the Irving Police Department. The kids had a bounce house to play in, sidewalk chalk, bubbles and temporary tattoos to keep them busy all afternoon!

All and All our block party was a big success, and it is always nice to get out and socialize with the people in our neighborhood!

--Amy Nelson



Dianne Cartwright
SRES
REALTOR



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irving church of Christ

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Irving TX 75061
Office: 972.554.1962
www.irvingchurch.com

Jim Crouch
Mobile: 817.909.4653
jimcrouch@irvingchurch.com





Upcoming Board Meetings

All meetings are at Irving Church of Christ – 6:30 p.m.

September 23

General meeting

October 21

Elect new board members

November 11

Elect new board officers

Newsletter News

Have suggestions or ideas for upcoming neighborhood

Thanks to all that contributed:

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Show Your Support for the Irving Entertainment Center at Las

As you have no doubt heard, Las Colinas is poised to gain a new entertainment center adjacent to the soon-to-be-completed Irving Convention Center. If all goes as planned, by 2012 Irving will have a 5,200 seat (7,000 person capacity)

live music and entertainment venue, and also a vibrant plaza with 11 restaurants and public spaces that can accommodate festivals similar to Jazz Fest in New Orleans, or the CMA Fest in Nashville. The Irving Entertainment Center at Las Colinas will generate approximately 1,600 jobs and 3.5 - 4.0 million visitors per year. The live music venue is truly state-of-the-art with a retractable "cloud" ceiling to adjust to audiences of all sizes.

To learn, more about the concept, view the video

below, visit www.lascalinasgroup.com.



Irving recently celebrated the Grand Opening of **Aspen Creek**, a new restaurant at 4300 Airport Freeway, with a ribbon cutting celebration. From the restaurateurs behind the Texas Roadhouse chain, Irving is home to their first location in Texas and only their second in the nation.

Several Chamber members stayed around to eat after the festivities and gave great reviews. The crew of Irving reporters at the Dallas Morning News also gave the place a try.



600 E. Irving Blvd. Irving, TX 75060 972-579-1155 www.camospot.com
Nick Porter



Super Bowl XLV Volunteer Opportunities!

By Irving on July 26, 2010 4:27 PM

The deadline for volunteer recruitment is quickly approaching for Super Bowl XLV. The Chamber encourages you to let your friends, family, co-workers and any other contacts know about the opportunity to volunteer as soon as possible. If they have not registered yet, we do not want them to miss their chance!

Volunteers registered by August 31 are automatically entered to **WIN a pair of tickets to the XLV Countdown Live From Cowboys Stadium**, a historic night of football and music headlined by Tim McGraw to kick off a memorable football season for North Texas. **FIVE XLV Volunteers will win** a pair of tickets to the countdown event!

Volunteers will be the faces of North Texas during the weeks leading up to Super Bowl XLV. All volunteers will be issued a limited edition and official volunteer uniform and will also be invited to a volunteer appreciation event in the weeks following Super Bowl XLV! Anyone interested should **CLICK HERE** to get drafted as a XLV Volunteer, or visit **www.northtexassuperbowl.com** and select "volunteer" to begin volunteer registration. The North Texas Super Bowl XLV Host Committee will recruit and train volunteers to welcome hundreds of thousands of visitors to North Texas to enjoy the Super Bowl experience. Volunteers will staff numerous activities and venues throughout the region, including the area's airports, major hotels and the NFL Experience.

If you have any questions, please feel free to contact Volunteer Services Manger, Amanda Whitelaw at 214-252-5109.

Special discount for IHDNA residents!

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www.ShannonMilesWellness.com
214.707.2338

[Www.hospitaldistrict.org](http://www.hospitaldistrict.org)

We have a wonderful website that is the envy of all the city. Damian Marcellus does an excellent job of maintaining the site. It is filled with up to date pictures, upcoming event dates and overall neighborhood information. So, be sure to visit on a regular basis to see what is happening.

Dog Gone It! A Reminder From Some of Our Neighbors

Section 6.6 – Animal Waste Requirements (c) It is unlawful for an owner or harbinger to allow his or her dog's feces to remain in any public place or another person's property. (This provision may be referred to as the Pooper Scooper Law.)

Section 6-3 Leashes

City Leash Law requires that all cats and dogs at all times must either be kept in the house, contained in a fenced-in area or restrained on a leash. Voice control shall not be deemed restraint. Failure to comply with City Ordinance No. 2413, Section 6-3 will result in a citation with which requires mandatory court appearance and/or impoundment of animal(s).



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CONGRATULATIONS YARDS OF THE MONTH



The home of Michelle and Don King, on Broadmoor, is May Yard of the Month. Their home has a nice variety of plants and is well maintained



The home of Harold and Jane Minter, on Cypress, has been selected for June Yard of the Month. This home has a nice variety of plants and color and is well maintained gardener and does most of the yard work.



The home of Bill Rutherford, on Glenbrook, has been selected for the July Yard of the Month award. This home was nominated by two of his neighbors, and we agree. We appreciate nominations and those that have also been nominated will be considered again next month.



The home of John and Debbie Hurst, on Broadmoor, has been selected for the August yard of the month award. Debbie began re-designing and installing their new landscape last April. Her effort has paid off with a gift certificate from Gibson Garden Center.



Pets of the Month

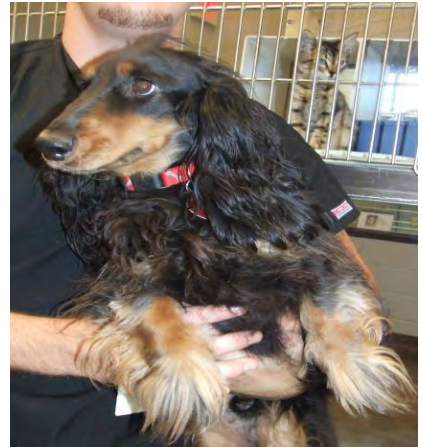


My name is Prada Aren't I sweet!

Sarah at the Irving Humane Society Has Two 5 yr old Longhaired Dachshund that are in desperate need of a good home. The fee is normally \$100 each but since they are

bonded and need to be adopted together the fee has been lowered to \$150.00 Benny and Prada are beautiful 5 yr old Longhaired Dachs-hunds. They were

given up for space reason. They are house-broken. Good with all children, playful, spayed/neu-tered and hot worm negative and micro-chipped.



My name is Benny. How handsome am I?



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Johnny D. Johnson, CLU, LUTCF

keeping your finances on target

From Dallas Morning News:

Area pre-owned home sales plunge

The North Texas housing market hit a big pothole in the road to recovery last month. Sales of pre-owned homes plunged 29 percent in July from a year earlier. The drop followed the expiration of federal home buying incentives, which had brought out thousands of buyers. Condominium and townhouse sales slid 37 percent last month from a year earlier. "We expected the numbers to be negative, but perhaps not quite this much," said Dr. James Gaines, an economist with the Real Estate Center at Texas A & M University.

Even with the sharp fall in home purchases, median sales prices managed to eke out a 1 percent gain from a year ago. Sales continued to increase substantially in July in affluent neighborhoods including the Park Cities, up 34 percent, and North Dallas up 17 percent. But there were big drops in more affordable areas. Homes sales fell 48 percent from a year ago in Richardson and Duncanville. And sales were down 26 percent in Plano and 31 percent in Frisco.

NEW OPTIMIST CLUB OF IRVING FORMED TO SERVE AREA YOUTH

The Irving Optimist Club is now being formed in Irving with positive service projects to benefit area youth and the community. What is an Optimist you ask? The Optimist Club is a non profit service club affiliated with Optimist International, one of the world's largest and most active service club organizations. Their motto is "Friend of Youth".

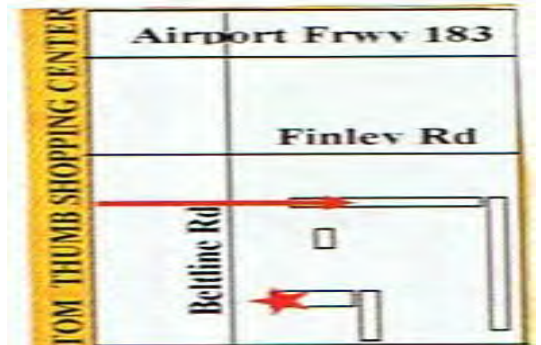
With over 100,000 members in more than 3,100 Optimist Clubs across the United States, Canada, and other nations, Optimist Clubs conduct a wide range of positive service projects reaching more than six million young people each year.

Major Optimist programs include Internet Safety, Optimist Essay and Oratorical Contest to receive scholarships for college, Communications Contest for the Deaf and Hard-of-Hearing, Youth Appreciation Week, Optimist International Junior Golf Championships. Also included is HOBY leadership for high school sophomores, Law Enforcement Appreciation Month and many others. Each club chooses their own service project and fund raising project.

We would like for the IRVING OPTIMIST TO BECOME THE LARGEST, MOST ACTIVE CLUB IN NORTH TEXAS!

You are invited to come be a CHARTER MEMBER by signing up at our next meeting: Optimist International is not related to any religion. For further information you may call:

Joyce Stanfield or Mike Cheves
 972-641-0447 H 972-602-4403 H
 972-740-6990 C



Their Avocado Enchiladas are to die for!!!



Join the Khan Volunteer Army!

The invasion starts June 1, 2011 and the Irving Arts Center needs hundreds of people to join our volunteer army for *Genghis Khan: The Exhibition*. More than 75,000 patrons are expected to view the exhibition during its four-month invasion. Volunteers will play a huge role in the exhibition's success and the Irving Arts Center is offering a variety of Khantastic incentives.

Volunteers are needed in hordes to:

Welcome Patrons and Scan Tickets

Act as a docent and lead handicraft projects, man weaponry touch stations and work with Mongolian artisans during the exhibition

Sell Khans treasures in the gift shop

Lead school and group tours

Assist Box Office staff with golden tickets sales and will call

The official volunteer registration will kick off January 2011 but we are building our army now! If you are interested in volunteering, contact our Genghis Khan Volunteer Coordinator, Marguerite Korkmas, at (972) 252-7558 x1236 or mkorkmas@cityofirving.org. Go to www.irvingartscenter.com/Exhibitions/

Upcoming Social Events Through The End of The Year!!!

We have some exciting opportunities to come together as this year winds down!

Tuesday, October 5th at

7:00pm at Three Fountains Park we will be grilling burgers in honor of National Night Out. Folks are encouraged to bring their families, their appetites, their chairs and a side dish or dessert.

Saturday, October 23rd at

4:00pm (location TBA) will be our Annual Chili Cook off with Cash Prizes awarded for the best Chili. Even if you are NOT participating we encourage you to come out, bring your lawn chair and be a judge!

Saturday, December 4th at

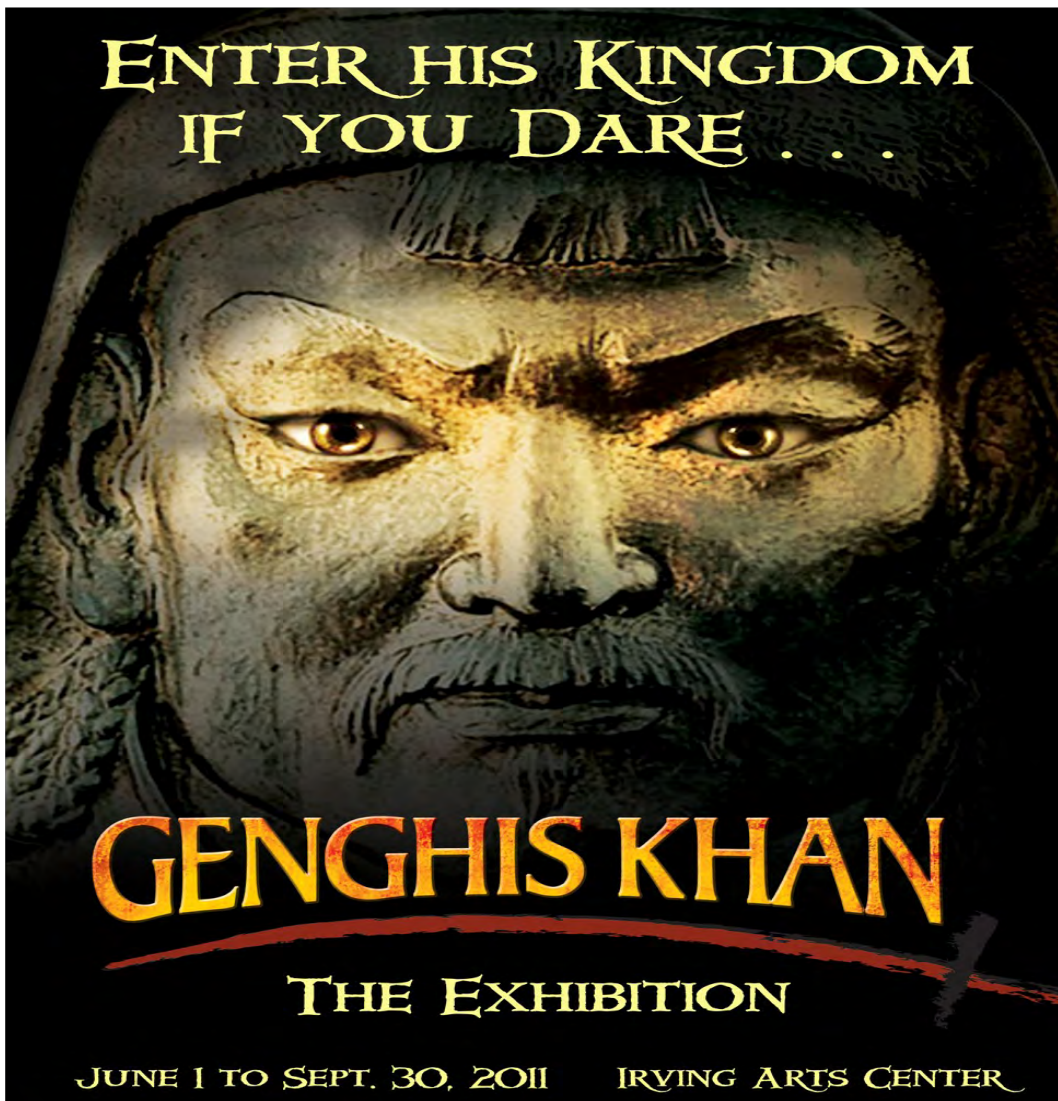
7:00pm (at the home of Johnnie and Pam Johnson at) will be our Annual Holiday Celebration. The association will provide the main entrée, and the board members will be serving up the sides. Put on your favorite holiday sweater, bring the kids and be ready to have a good time with friends and neighbors!

If you are interested in joining the IHDNA Social committee, please contact Amy Nelson at

IHDNASocialevents@yahoo.com

Friendly Reminder

Even though IHDNA received grant funds from the city we depend a great deal on donations. Just a \$20.00 donation per family goes a long way to help ensure we can continue our wonderful neighborhood events each year. If you have donated, Thank You very much.





EMERGENCY PREPAREDNESS

This weeks torrential floods brings to mind preparedness. Every household should have a basic emergency kit. WWW.Ready.gov, sponsored by the U.S. Homeland Security Dept offers the follow suggestion.

Recommended Items to Include in a Basic Emergency Supply Kit:

[Water](#), one gallon of water per person per day for at least three days, for drinking and sanitation

[Food](#), at least a three-day supply of non-perishable food

- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both

- Flashlight and extra batteries

[First aid kit](#)

- Whistle to signal for help

[Dust mask](#), to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place

- Moist towelettes, garbage bags and plastic ties for personal sanitation

- Wrench or pliers to turn off utilities

- Can opener for food (if kit contains canned food)

- Local maps

Cell phone with chargers, inverter or solar charger

Additional Items to Consider Adding to an Emergency Supply Kit:

- Prescription medications and glasses
- Infant formula and diapers
- Pet food and extra water for your pet
- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container
- Cash or traveler's checks and change
- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container. You can use the [EFFAK](#) Emergency Financial First Aid Kit - PDF, 277Kb) developed by Operation Hope, FEMA and Citizen Corps to help you organize your information
- Emergency reference material such as a first aid book or information from www.ready.gov

My Fair Lady
with a 38-piece orchestra!

September 10-11 2010 @ 8:00pm
September 12 2010 @ 2:30pm
September 16-17-18 2010 @ 8:00pm
September 19 2010 @ 2:30pm
At the Irving Arts Center

LYRIC STAGE
972-252-2787
lyricstage.org

Fall Wellness Tips

It's that time of year when the weather starts getting a little cooler, the time change is near and the air is a bit fresher.

Fall is here.

At this time of year we always ask ourselves what we can do to stay even healthier. It's a good question and one we want to encourage you to ask each year as well. Here are a few simple tips to help get those creative juices flowing.

1. Get outside!!!

This is quite possibly THE best time of the year for Hospital District residents to take advantage of the weather outside. Just before the leaves begin to get out of hand for many of us, we can enjoy the cooler temperatures and fresh fall air while going for a walk, walking the dog or playing with our kids in the front yard.

2. Enjoy more seasonal produce

The end of summer may mark the end of season for some of our favorite fruits and vegetables, but that just means that there is a whole new crop of fresh fall produce to take advantage of! Try purchasing in-season produce whenever you can, which will not only provide you with the freshest fruits and veggies, but will also save you some money.

You can also get creative with how you prepare your produce by experimenting with broiling, steaming, baking and grilling as well as eating raw. Try seasoning with herbs, lemon or lime juice and olive oil. This is just a small list of some of the fresh produce that is generally plentiful during the fall season: Acorn Squash, Apples, Butternut Squash, Cauliflower, Figs, Garlic, Ginger, Grapes, Mushrooms, Pears, Pomegranates, Pumpkin, Sweet Potatoes, Swiss Chard, etc.

3. Slow Down

Slowing down is a challenge for many people. The more successful you are at what you do, the more you risk being unable to slow down and enjoy the simple things. Not to mention the fact that the Fall can be a crazy time with Friday night football, school commitments and home work with the kids, it's easy to become tired and stressed.

We want to encourage you to slow down a bit and take a "family sabbatical" where everyone in the household schedules absolutely nothing. This can be anything from one night a week, to one weekend a month or even an entire month where each member of the family keeps their calendar clear, providing the opportunity to not only slow down, but also an opportunity to spend time and reconnect with the family.

We hope these tips help provide you with some ways to take advantage of this beautiful, and short-lived time of year, while improving your health at the same time.

Scott and Shannon Miles are proud IHDNA residents and owners of Miles Holistic Health. For more tips and information on health and wellness, visit their web site at www.milesholistichealth.com.

Join a Great American Fashion Fast

Last weekend, I hauled four bags of clothes to a donation center. How do we end up with so many items of clothing that we don't wear because they don't look right, feel right or fit right? How much do we spend to pay for all of these unwanted items of clothing?

Then, I read about Stella Brennan, an insurance executive in Wisconsin. She went on a self-imposed fashion fast, allowing herself to wear only six items for an entire month. The most shocking result of her four-week experiment was that no one noticed, not even her husband.

For her experiment, Stella wore only the following items: a black blazer, black pants, two button-down shirts (one black, one pink), a pair of jeans and a pink T-shirt. This entire wardrobe had to suit her at home and at work. It even had to be appropriate for playing with her kids in the evenings.

Stella got the idea from the global experiment called Six Items or Less (SixItemsOrLess.com) and an even stricter program called The Great American Apparel Diet (TheGreatAmericanApparelDiet.com), which has convinced participants to abstain from buying clothes for an entire year (undies don't count).

In a similar experiment, Valerie E., a professional stylist from Texas, wore the same black dress every day for a month. She recorded her experience in The Little Black Dress Experiment at SocietyStylist.com. Valerie did this to prove just how easy it is to look glamorous on a budget. Every day for 30 days in a row she came up with a new look for her little black dress with the help of creative accessories: belts, shoes, scarves, jewelry and even jeans.

Even with the recent closet purge at my house, I can't say that I'm down to six items. Nor am I ready to consider something that extreme. But I am happy to know that the items I do have are things I like and that fit.

I've had a real wake-up call thanks to Stella and Valerie and their fashion diets. I think I've come to care too much about what people think about what I wear. Truth be told, I don't remember what I wore last week, so I'm certain that no one else remembers (or cares much), either. I know that I will be able to go a long time without adding to the items that I have right now.

So, what's the condition of your closet? Is it overstuffed? Do you, like most people, wear 20 percent of the clothing you own, while 80 percent simply takes up space? Are you more overwhelmed than overjoyed by what lurks behind your closet doors? Are there six items in there that would hold you for an entire month? ©Copyright 2010 Mary Hunt

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Business Name

Primary Business Address

Your Address Line 2

Your Address Line 3

Your Address Line 4

IRVING HOSPITAL DISTRICT NEIGHBORHOOD ASSOCIATION

is dedicated to making our neighborhood a safer, friendlier place to live. We strive to unite our neighbors by offering general beautification projects and social events for the whole family.

We are a neighborhood association sponsored by the City of Irving, formed within the City of Irving requirements. We do so to qualify for grants and other areas of support offered by the city. We participate in the Neighborhood Roundtable on a regular basis to interact with other neighborhood associations in the City of Irving.

We have a Board of Directors elected by the members of the association. The members of the association are your neighbors. The officers are elected by the Board of Directors.

Frequently Called

- Animal Shelter: 972-721-2256
- City Landfill: 972-721-2349
7AM–5:45 PM
- City Water Dept.: 972-721-2281
- Code Enforcement: 972-721-2461/
972-721-2381
- DART: Schedule Info: 214-979-1111
Complaints/Suggestions: 214-749-3333
- DFW Humane Society: 972-254-3265/
253-3333
- Fire Dept (Non-Emergency): 972-721-2308
- Irving ISD: 972-215-5000
- Irving Public Library Central: 972-721-2606
- MacArthur Pump Station: 972-721-2664
- Mosquito Control: 972-721-3755
- Police Dept. (Non-Emergency): 972-721-2661
- Recycling Information: 972-721-2346
- Street Maintenance: 972-721-2201
- Trash Pickup Information: 972-721-2232
- TXU Energy: 972-791-2888
- TXU Outages: 800-233-2133

2010 IHDNA Board of Directors

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